

January 1 – January 31st

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 Adv Bhs 4:00-5:00 Layout/Twist 5:00-6:00 Flex Zone 6:00-7:00 Tuck 6:00-7:00	5 Flex Zone 4:30-5:30 Bhs 101 4:30-5:30	6 Tuck 4:00-5:00 Flex Zone 5:00-6:00 Bhs 101 5:00-6:00 Layout/Twist 5:00-6:00	7 Basics 4:00-5:00 Adv Bhs 5:00-6:00 Beginner Basics 6:00-6:30	8	9
10	11 Adv Bhs 4:00-5:00 Layout/Twist 5:00-6:00 Flex Zone 6:00-7:00 Tuck 6:00-7:00	12 Flex Zone 4:30-5:30 Bhs 101 4:30-5:30	13 Tuck 4:00-5:00 Flex Zone 5:00-6:00 Bhs 101 5:00-6:00 Layout/Twist 5:00-6:00	14 Basics 4:00-5:00 Adv Bhs 5:00-6:00 Beginner Basics 6:00-6:30	15	16
17	18 Adv Bhs 4:00-5:00 Layout/Twist 5:00-6:00 Flex Zone 6:00-7:00 Tuck 6:00-7:00	19 Flex Zone 4:30-5:30 Bhs 101 4:30-5:30	20 Tuck 4:00-5:00 Flex Zone 5:00-6:00 Bhs 101 5:00-6:00 Layout/Twist :600-7:00	21 Basics 4:00-5:00 Adv Bhs 5:00-6:00 Beginner Basics 6:00-6:30	22	23
24	25 Adv Bhs 4:00-5:00 Layout/Twist 5:00-6:00 Flex Zone 6:00-7:00 Tuck 6:00-7:00	26 Flex Zone 4:30-5:30 Bhs 101 4:30-5:30	27 Tuck 4:00-5:00 Flex Zone 5:00-6:00 Bhs 101 5:00-6:00 Layout/Twist :600-7:00	28 Basics 4:00-5:00 Adv Bhs 5:00-6:00 Beginner Basics 6:00-6:30	29	30
31						

****Please note the time changes on the 6th and 13th for Layout/Twist****