

# January 2022-Tumbling

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Beg. Basics 4:30-5 Layout/twist 5-6 Flex Zone 6-7	4 Adv Bhs 4-5 Basics 4-5 Tuck 5-6 Flex Zone 6-7	5 Bhs 101 4-5 Tuck 5-6 Flex Zone 5-6 Layout/twist 6-7	6 Adv Bhs 5-6 Basics 5-6 Beg. Basics 6-6:30 Bhs 101 6-7	7	8
9	10 Beg. Basics 4:30-5 Layout/twist 5-6 Flex Zone 6-7	11 Adv Bhs 4-5 Basics 4-5 Tuck 5-6 Flex Zone 6-7	12 Bhs 101 4-5 Tuck 5-6 Flex Zone 5-6 Layout/twist 6-7	13 Adv Bhs 5-6 Basics 5-6 Beg. Basics 6-6:30 Bhs 101 6-7	14	15
16	17 Beg. Basics 4:30-5 Layout/twist 5-6 Flex Zone 6-7	18 Adv Bhs 4-5 Basics 4-5 Tuck 5-6 Flex Zone 6-7	19 Bhs 101 4-5 Tuck 5-6 Flex Zone 5-6 Layout/twist 6-7	20 Adv Bhs 5-6 Basics 5-6 Beg. Basics 6-6:30 Bhs 101 6-7	21	22
23	24 Beg. Basics 4:30-5 Layout/twist 5-6 Flex Zone 6-7	25 Adv Bhs 4-5 Basics 4-5 Tuck 5-6 Flex Zone 6-7	26 Bhs 101 4-5 Tuck 5-6 Flex Zone 5-6 Layout/twist 6-7	27 Adv Bhs 5-6 Basics 5-6 Beg. Basics 6-6:30 Bhs 101 6-7	28	29
30	31 Beg. Basics 4:30-5 Layout/twist 5-6 Flex Zone 6-7					