



MIDWEST CHEER ELITE

Be ONE of the ELITE

INTRO

INTRO

First and foremost, Welcome to Midwest Cheer Elite, Toledo. We are excited for you to become a part of Northwest Ohio's fastest growing all-star cheer and dance programs. Midwest Cheer Elite, Inc. was founded in 2003 in West Chester, Ohio. The Toledo location is celebrating our 15th season and 17 years as a brand. With over 4 locations Midwest Cheer Elite, Inc. has quickly grown from a small gym to what is considered a "mega-gym", offering something for every child, teen, and adult regardless of age or skill...there is a place to call home for everyone! Outside of training amazing athletes, we pride ourselves on developing great adults as well. Our goal every day is to teach our athletes the values of commitment, hard work, integrity, leadership, self-confidence, positive attitude, and a love for the sport! We strive to be the best all-star program in the area. We will bringing back a lot of our old traditions and implementing some new ones. We want to get back to having fun while working hard.

We offer multiple evaluation days. If you wish to be considered for a flyer position on a team, you will be asked to show your flyer skills during your evaluation.

TEAM PLACEMENTS

Team placement sessions are essentially low-stress workouts. During the workouts, athletes show skills they have already developed and demonstrate potential to learn new skills. Athletes are given numerous opportunities to show skills during evaluations.

After the final session of placements, the staff assembles rosters for the upcoming season. Teams are selected so that each have the best possible chance of a successful competitive season. New score sheets and scoring rubrics are being implemented this year so we will make the teams as competitive as possible. After rosters are set, athletes will be notified of their team placement.

PRACTICES / ATTENDANCE

All teams will have a set two days a week schedule. Typically, teams' practice for two hours during the week, and two hours on Sundays. Practice times usually remain consistent throughout the season and are only changed under special. During important times of the season, additional practices may be scheduled. These practices are typically scheduled up to two weeks in advance and all athletes are expected to attend. Vacation requests must be turned in two weeks in advance to be approved. Also ONLY 3 excused absences are allowed per athlete, it is important to be at practices you are a part of a team.





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COST / TUITION

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Competitive cheer, while not as costly as some youth activities, can still be expensive. Before considering this or any program, please consider the financial commitment involved. Midwest Cheer Elite has the finest staff and a clean and safe training facility. As a result, our fees may seem higher than many programs. However, factoring entry fees, summer activities, choreography fees, music, and other expenses that are typically charged separately at many other gyms, you may end up spending more at some other programs. Although others may advertise lower rates, Midwest's overall value per dollar is highly competitive.

We have a comprehensive monthly price that covers most of the expenses throughout the year. During the 2022-2023 season, there will be 12 monthly charges beginning May 2022 through April 2023. The first month's tuition will be due on Sunday, May 22nd at commitment day. For the remaining months, tuition is payable no later than the 10th of each month.

This monthly installment is all-inclusive of gym tuition, tumbling, choreography, music, coaches fee, (1) practice set, competition fees. Tuition does not change based on the number of practices in any month. Most athletes attending evaluations will be selected for a team. If Midwest is not able to find a placement for an athlete, 100% of the registration fee will be credited back. If an athlete chooses to decline a roster spot the registration fee will not be reimbursed.

Midwest Cheer Elite helps push athletes to be the best version of themselves. Athletes learn the "Midwest" way of competitive cheerleading, but they will also be given lifelong skills that will help them throughout their lives. The progress our athletes see in positive and productive surroundings can be amazing. Our coaching style is both competitive and rewarding. Positive reinforcement is going to be stressed this season with air high five's and lots of encouragement in the gym. We feel this will not only elevate our athletes, but also increase our athlete productivity.

Midwest Protocol

We will continue to follow the recommended guidelines regarding COVID-19 for the safety of our athletes and families. We know that things have been changing daily and we will continue to monitor and adapt, as necessary.





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2022-2023 Toledo Information

EVALUATION SESSION DATES

Age as of December 31, 2022.

ALL-STAR TRYOUT

You will download the tryout packet online and bring with you along with your registration fee to tryouts.

Limited Travel/Tiny Novice

Ages 3- 6 Years Old

Tuesday, May 17th

6:00 – 7:30 pm time frame

Ages 7 – 12 Years Old

Wednesday, May 18th

6:00 – 9:00 pm time frame

Ages 13 and up

Thursday, May 19th

6:00 – 9:00 pm time frame

Commitment Day

Sunday, May 22nd

9:00 – 1:00 PM

All athletes placed on a team will need to come during above time frame. You will turn in financial paperwork, sign-up for boosters, get sized for practice wear, shoes, uniform. First installment is due at commitment day along with shoes.

FIRST PRACTICES

The week of Monday May 23rd we will start tumbling classes for teams. All-star practices will start the week of June 1st.

Calendars for the May/June will be handed out on commitment day.

EVALUATION/REGISTRATION FEES

Registration

All Athletes \$75– due prior to evaluations

Payment can be made via venmo

@mctoledo or check, credit card or cash.

Pricing is all inclusive... you do not have to guess what you have to pay each month. We build everything in to make it easier as you know what to budget.

TUITION – FULL TRAVEL MONTHLY

Youth/Junior/Senior Teams \$285

Worlds Teams \$315

Ask about sibling discounts

OTHER COSTS (estimates)

- Practice Wear day one (New athletes only or those not on Youth team and above last year) \$55 May 22nd
- Day two practice wear \$60 **ALL Athletes** Youth/Junior/Senior Teams – May 22nd
- If New to the Worlds, then you will be required to purchase a new or used additional practice set for day two practices. \$60 May 22nd
- Shoes - \$120 Rebel Shoes – May 22nd
- Uniform \$600 (Broken into 4 payments starting June 10th \$150, July 10th \$150, August 10th \$150, September 10th \$150. Uniform orders are placed after 2nd installment is paid as 50% is required to order.
- Warm-up Jacket \$115 – August 10th
- USASF Membership - Parents will do this on their own and pay directly for this. We will send out information on how to register and pay. Cost is \$40.
- Hairbow - \$35 – Due August 10th



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SKILL GRID

	LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5	LEVEL 6/7
LEVEL APPROPRIATE						
Standing	Forward Roll Backward Roll Cartwheel	Back Handspring (BHS)	Standing 3 BHS Jump connected to 1 BHS	Standing Back Tuck Jumps connected to a BHS Tuck	Jump Tuck combination Standing BHS(s) to Layout	Jumps to Tuck combination Jumps to BHS Full
Running	Round-off	Round-off BHS(s)	Round-off Back Tuck Round-off BHS Tuck	Round-off Layout Round-off BHS Layout	Round-off BHS Full Front Walkover Round-off BHS Full	Punch Front Round-off BHS Full Round-off BHS Whip to Full
ADVANCED						
Standing	Handstand Forward Roll Back Walkover Front Walkover Multiple Back Walkovers	Back Walkover BHS	Standing BHS Step-out Roundoff BHS Tuck Jumps to multiple BHS	Standing BHS(s) to Layout Standing BHS(s) to Whip to Layout Jump BHS(s) to Layout Jumps BHS(s) to Whip to Layout	Jumps BHS(s) to Layout Standing BHS to Whip/ Tuck to Layout	Standing BHS(s) to Double Full Jump Standing BHS(s) to Double Full Standing Full Jump to Standing Full Standing BHS(s) to Whip Punch Double Full
Running	Cartwheel Back Walkover Front Walkover to Cartwheel Cartwheel half turn to Front Walkover	Front Walkover to Round-off BHS(s)	Front Walkover to Round-off BHS Tuck Aerial Aerial pause Round-off BHS Tuck Punch Front Punch Front pause Roundoff BHS Tuck	Punch Front connected to Round-off BHS Layout Whip to Layout Roundoff BHS Whip Punch Layout Front Handspring Punch Front to Round-off BHS Layout	Front Walkover Round-off BHS Full Punch Front Round-off BHS Full Whip to Full Round-off Arabian pause Round-off BHS Full	Round-off BHS Double Full Punch Front Round-off BHS to Double Full Whip to Double Full



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PRE-EVALUATION CHECK-LIST

Sign up for clinics, private lessons or attend an Open Gym ...what better way to become familiar with the gym, our staff, and the athletes, than coming out and working on those skills. We are offering private lessons before tryout evaluations.

Dress for success.... start getting your gear together because you have several days of evaluations. We want to see you in your Royal Blue, Black and White each day of evaluations, hair bow of choice, cheer shoes, white no show socks and hair either ½ up ½ down or high ponytail. Shorts/Briefs are a must with a sports bra or tank top. If you wear a t-shirt, we just ask you wear a sports bra underneath and if you wear regular shorts, we ask you have a Nike pro type brief under them. Keep the jewelry at home!

All ages are based on age of December 31, 2022.

Evaluation Day Process

Bring you Registration Forms, Annual Registration, Waiver and Athlete information form with a wallet size photo attached (preferably a head shot). You will turn these in when you walk through the doors for evaluations. You will then be a given number that you will wear for tryouts.

You will be asked if you are interested in double teaming.... this means are you interested in being on more than one team cheer team. Please talk this over PRIOR to evaluation week. Many times, you will see an athlete do this to fly on team A and tumble on team B.... but there is extra expenses of crossover competition fees, choreography, and music. Double teaming is a great opportunity for many athletes but one that needs to be thought through.

Evaluations are closed to all spectators, so parents are asked to return at pick-up time to pick up your athlete. We need all paperwork filled out prior to arrival for tryouts along with evaluation/gym registration. You can come in to help athlete with registration and then we ask that you come back when the evaluation process is over.

Selection Process

We are looking at tumbling, jumps, whether the athlete is a base, back spot, or flyer.... flexibility...but we are also looking for leaders and athletes with drive and passion. Sitting around at tryouts, rolling your eyes, or presenting a poor attitude or inability to work within a team may result in you not being placed with a team at Midwest Cheer Elite, Toledo. Also, understand we want to see skills you are confident with doing. Coaches will not spot you on tumbling skills, as if you cannot throw the skill with confidence and technique, we cannot count that towards your evaluations. Do what you know you can do well. The rule at our gym is: *TECHNIQUE IS KING!* We are also looking at the new scoring grid as well when it comes to placement to make sure teams are competitive.

Results

Team results will be revealed on Friday evening.... We are known for our unique team reveals and this year will be no different. Stay tuned for details! With everything that is going on in the world, we must use our creative minds and think outside the box.

Please keep in mind; you are trying out to be a member of Midwest Cheer Elite Toledo.... not a particular team. Athletes do move up or down within teams and skill levels throughout the season based off their performance, this is not uncommon. If you are only trying out to be a member of team “so and so” then you may want to reconsider the evaluation process.

Placement on teams is not up for discussion or debate, especially not at the team reveal. If you would like to know what your athlete needs to do to progress to a higher-level team at some point in the season, we will be happy to speak with you.... But we will not discuss other athletes or why your athlete did not make “such and such” team and others did.

Just because you were on a specific team last year or at a different gym does not mean you will make the same team at our location. We will make our teams to be the most competitive that we can be. We are making most of our decisions based off wanting to be the best teams we can be and be competitive.



Commitment Day
May 22nd, 2022
9:00 – 1:00

You can come anytime during those times

Commitment Day is where so many exciting things happen, and you finalize your decision to become part of our family for the 2022-2023 season. We will be doing uniform sizing, practice clothing sizing, signing up for boosters, and it's during this time you will turn in your Financial agreement form as well as Termination Agreement and the "I Understand" form.

You will also be making your 1st installment this day and paying for practice wear if you need to order. We will be accepting Business Venmo, Credit Card authorization forms that we will run, check or cash. All families are required to keep a current credit card on file. As long as your invoice is paid by the 10th of each month, the credit card will not be run. Should your credit card information change at any point in the season, you will need to fill out a new financial form.

Failure to show up to commitment day will result in your forfeiting your spot on the 2022-2023 all-star cheer teams and that spot will be filled by the next name. If you absolutely are unable to make commitment day but would like to accept your spot, please email the gym at mcetoledo@aol.com prior to commitment day to notify us.



Your monthly installments include:

All team practices including any additional practices that are scheduled (June thru April)
 One spot in a weekly hour-long tumbling class
 Unlimited Summer tumbling (June thru August)
 Choreography Fee's and Music
 Coaches' fee for regular season (does not include Worlds or Allstar Worlds Coaches fee if team attends)
 Team t-shirt

Your monthly fees will be charged to your account the 10th of the month. Statements will be given out by the 1st of each month. Fees are due on or before the 10th of month. On the 16th, any outstanding balances will be charged to your credit card that you provided in your packet. You can pay in person on or before the 10th of each month. If you have questions regarding your account, please do not hesitate to call the front office. Accounts not paid in full will be charged a \$50 late fee and the athlete will be unable to participate in practices, tumbling classes or competitions until the account is current. There will be no refunds made to anyone who is asked to leave the program or who quits a team. If there is a financial problem, please contact the office immediately. Your coach will not be able to advise you on these matters. We will be strongly enforcing late fees no matter excuses.

IMPORTANT DATES:

Commitment Day – May 22nd 9:00 am – 1:00 pm
 Choreography – June 20th -June 25th times to be announced.
 Independence Day –Gym Closed July 1st – July 4th.
 Halloween – Gym Closed October 31st
 Thanksgiving – Gym Closed November 23rd – November 27th
 Christmas Break – Gym Closed December 21st– January 2nd (Practices resume January 3rd)

Competition Dates: Competitions are typically held during the weekends, beginning in December and ending in May for some teams. Competitions will require some out-of-town travel and could result in having to miss school. Teams will attend The One, All-Star Worlds and Worlds depending on who receives bids. We do not vote on whether to attend those events, if we receive a bid we will attend. Our goal is to take all teams to the All-star worlds and Worlds that are eligible.

Midwest Cheer Elite Toledo
2022-2023 Evaluation Form
Must be turned in 1st day of evaluation

Athletes Name _____

Age as of December 31, 2022 _____

Birthday _____

Grade 2022-2023 _____

Are you interested in “double teaming” for cheer...meaning you are interested in being on more than one CHEER TEAM **Athletes crossing over to two teams would be responsible for additional competition fees in the amount of approx. \$400 which are true fee’s and crossover fees. This will be spread out throughout the billing cycle. Also, there is a one-time choreography fee of \$100 for the 2nd team as well.

___ Yes, I would be interested in double teaming and understand the extra financial responsibility.

___ No, I would not be interested in double teaming at this time.

If you meet the skill requirement to be a part of a Level 6 team, would you be interested in doing so? Level 6 athletes, regardless of age, would be asked to attend extra practices, do extra training, and attend additional competitions, sometimes at no additional cost. Knowing the commitment, please let us know if you would be willing to accept a Level 6 position. Our Level 6 team attends Worlds if a bid is given. It is our intention to take our Level 6 team to Worlds in Orlando, Florida.

___ Yes, I would be interested in having my athlete placed on a Level 6 Worlds Team, should my child’s skills meet the criteria for Level 6. I also understand my athlete could be placed on any of the level 6 teams at Midwest Cheer Elite, Toledo and not just one team.

___ No, I would not be interested in having my athlete placed on a Level 6 team at this time, regardless of my athletes’ skill level.

Midwest Cheer Elite, Toledo

**12265 Williams Road
Perrysburg, Ohio 43551
(419) 872-6238**

Member Information

Guardian Information

Mother's Name

First _____ Last _____

Father's Name

First _____ Last _____

Billing Address

Address _____

City _____ State _____ Zip _____

Phone Number

Mom's Cell# _____ Dad's Cell # _____

Email _____ Home Phone# _____

Student Information

First _____ Last _____

Birthday ___/___/___ School _____

Cell Number _____

Insurance Information

Insurance Carrier _____ Policy# _____

Carrier's Phone _____ Group # _____

Midwest Cheer Elite, Toledo, Perrysburg, Ohio
WAIVER OF LIABILITY, RELEASE, INDEMNITY, AND ASSUMPTION OF RISK AGREEMENT

Name of Participant/Child: _____

In consideration of the services of Midwest Cheer Elite, Toledo, Perrysburg, Ohio and its owners, members, agents, officers, subcontractors, employees, and all MCE"), I hereby agree, on behalf of myself, my child, my spouse, my child's other parent(s) or guardian(s), my parents, my family members, my agents, heirs, assigns, personal representative, and estate (collectively, the "releasing parties"), as follows:

I understand and acknowledge that the activities that I, my child, or any of the releasing parties engage in or observe while on MCE's premises, or while under the auspices, supervision, or control of MCE, or while traveling to or from such activities, pose known and unknown risks which could result in injury, pain, suffering, paralysis, death, emotional distress, loss of companionship, and/or damage to me, to my child, to property, to the releasing parties, and/or to third parties. The following describes some, but not all of those risks, and I understand and acknowledge that there are other risks, both foreseeable and not foreseeable, that are not included among the following which any of the releasing parties may suffer: Cheerleading, dance, and gymnastics, including performances of stunts and use of trampolines and other equipment, is dangerous and entails certain risks inherent in the activities that simply cannot be eliminated without jeopardizing the essential qualities of the activity. Without a certain degree of risk, participants would not improve their skills, and their enjoyment of the activity would be diminished. Cheerleading, dance, and gymnastics expose participants to the usual risk of cuts and bruises, and other more serious risks as well. Participants often fall or come in contact with other participants or with equipment or objects, can sprain or break wrist and ankles, can incur injuries caused by others, and can suffer more serious injuries, including paralysis and death. Traveling to and from practice, rehearsals, shows, meets, competitions, and exhibitions raises the possibilities of any manner of transportation accidents.

I expressly agree to accept and assume all of the risks, known and unknown, foreseeable, and not foreseeable, related to, arising out of, or in any way connected with MCE-related activities, including but not limited to performance of stunts and use of trampolines and equipment, and the negligent acts or omissions of MCE or others, also including COVID-19. My participation and that of my child is purely voluntary. No one has force or coerced me or my child to participate. I elect for myself and my child to participate in such activities despite the risks.

On behalf of myself, my child, and the releasing parties, I hereby voluntarily release, forever discharge, and agree to defend, hold harmless, and indemnify MCE from any and all liability, claims, demands, costs, damages, actions, or rights of actions asserted by any of the releasing parties, which are related to, arise out of, or are in any way connected with my or my child's participation in MCE - related activities ("Costs").

Should MCE incur attorney's fees or costs related to or arising from my obligations under this agreement, I agree to indemnify and reimburse MCE for such attorney's fees and costs.

I represent and warrant to MCE that adequate health, accident, and liability insurance is in force and will be maintained to cover any costs, and if such costs are not paid in full, then MCE shall not have, and I hereby release MCE from, any obligation to pay or reimburse any such costs, and I agree to pay the costs.

I agree that the substantive and procedural laws of the State of Ohio shall apply to this agreement and in any action arising from this agreement without regard to the conflict of laws and rules of the State of Ohio, that the state courts of Ohio shall have exclusive jurisdiction of any action, and that such action shall be brought only in the county in which MCE is located.

I acknowledge and agree that if anyone is hurt or property is damaged during my participation or the participation of any of my child, I may be found by a court of law to have waived my right to maintain a lawsuit against MCE on the basis of any claim from which I have released MCE by signing this Agreement, and such lawsuit shall be dismissed.

I acknowledge and agree that this agreement is intended to be as broad and inclusive as is permitted by the laws of the State of Ohio, and that if any provision of this agreement is found to be void or unenforceable, such provision shall be modified, if possible, only to the extent necessary to render it enforceable, and the remainder of this agreement shall remain in full force and effect.

(Signature page follows)

I HAVE CAREFULLY READ THIS AGREEMENT AND UNDERSTAND ITS CONTENTS. I AM AWARE THIS IS AN ASSUMPTION OF RISK, A RELEASE, A WAIVER OF LIABILITY, AND AN INDEMNITY, AND I SIGN IT VOLUNTARILY. I UNDERSTAND THAT I GIVE UP SUBSTANTIAL LEGAL RIGHTS BY SIGNING IT, I AM AWARE OF ITS LEGAL CONSEQUENCES, AND I SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME. I INTEND MY SIGNATURE TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.

I have had enough opportunity to read this entire document. I have read it and understand it. I agree to be bound by its terms.

Signature of Participant _____

Print Name: _____ Date: _____

PARENT'S OR GUARDIAN'S SIGNATURE:

(Must be signed by **All parent's and /or guardians** for participants under the age of 18.)
In consideration of the above Participant, who is a minor, being permitted by MCE to participate in MCE activities and to use MCE equipment and facilities, I acknowledge that I understand the risks as stated above and knowingly agree to all the foregoing terms of this agreement for myself and on behalf of the minor. I have had enough opportunity to read this entire document. I have read it and understand it; I agree to be bound by its terms.

SIGNATURE OF PARENT/GUARDIAN: _____

Print Name: _____ Date: _____

SIGNATURE OF PARENT/GUARDIAN: _____

Print Name: _____ Date: _____

ACCEPTED:

Midwest Cheer Elite, Toledo an Ohio Corporation:

By: _____ Date: _____