

October 2022-Tumbling

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Tuck 4:00-5:00 Basics 5:00-6:00 Flex 6:00-7:00 Layout/Twist 7:00-8:00	4 BHS 4:00-5:00 Flex 6:00-7:00	5 BHS 5:00-6:00 Tuck 5:00-6:00 Layout/Twist 6:00-7:00	6 Beginner Basics 5:00-5:30	7	8
9	10 Tuck 4:00-5:00 Basics 5:00-6:00 Flex 6:00-7:00 Layout/Twist 7:00-8:00	11 BHS 4:00-5:00 Flex 6:00-7:00	12 BHS 5:00-6:00 Tuck 5:00-6:00 Layout/Twist 6:00-7:00	13 Beginner Basics 5:00-5:30	14	15
16	17 Tuck 4:00-5:00 Basics 5:00-6:00 Flex 6:00-7:00 Layout/Twist 7:00-8:00	18 BHS 4:00-5:00 Flex 6:00-7:00	19 BHS 5:00-6:00 Tuck 5:00-6:00 Layout/Twist 6:00-7:00	20 Beginner Basics 5:00-5:30	21	22
23	24 Tuck 4:00-5:00 Basics 5:00-6:00 Flex 6:00-7:00 Layout/Twist 7:00-8:00	25 BHS 4:00-5:00 Flex 6:00-7:00	26 BHS 5:00-6:00 Tuck 5:00-6:00 Layout/Twist 6:00-7:00	27 Beginner Basics 5:00-5:30	28	29
30	31 Gym Closed Happy Halloween!					