

2023-2024 Novice and Prep Guide

INTRO

First and foremost, Welcome to Midwest Cheer Elite, Toledo. We are excited for you to become a part of Northwest Ohio's fastest growing allstar cheer and dance programs. Midwest Cheer Elite, Inc. was founded in 2003 in West Chester, Ohio. The Toledo location is celebrating our 16th season and 17 years as a brand. With over 2 locations Midwest Cheer Elite, Inc. has quickly grown from a small gym to what is considered a "mega-gym", offering something for every child, teen, and adult regardless of age or skill...there is a place to call home for everyone! Outside of training amazing athletes, we pride ourselves on developing great adults as well. Our goal every day is to teach our athletes the values of commitment, hard work, integrity, leadership, self-confidence, positive attitude, and a love for the sport! We strive to be the best all-star program in the area. We will be bringing back a lot of our old traditions and implementing some new ones. We want to get back to having fun while working hard.

We offer multiple evaluation days. If you wish to be considered for a flyer position on a team, you will be asked to show your flyer skills during your evaluation.

TEAM PLACEMENTS

Team placement sessions are essentially lowstress workouts. During the workouts, athletes show skills they have already developed and demonstrate potential to learn new skills. Athletes are given numerous opportunities to show skills during evaluations. After the final session of placements, the staff assembles rosters for the upcoming season. Teams are selected so that each have the best possible chance of a successful competitive season. New score sheets and scoring rubrics are being implemented this year so we will make the teams as competitive as possible. After rosters are set, athletes will be notified of their team placement.

PRACTICES / ATTENDANCE

All Novice and prep teams will have have 1 practice per week ranging from $1\frac{1}{2}$ hr to two hrs depending on the team.

Practice times usually remain consistent throughout the season and are only changed under special circumstances. During important times of the season, additional practices may be scheduled. These practices are typically scheduled up to two weeks in advance and all athletes are expected to attend. Vacation requests must be turned in two weeks in advance to be approved. Also, ONLY 3 excused absences are allowed per athlete, it is important to be at practices you are a part of a team. If you miss more than 3 practices, then your spot on the team could be in jeopardy and fined. Mandatory attendance starts August 31st.

COST / TUITION

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Competitive cheer, while not as costly as some youth activities, can still be expensive. Before considering this or any program, please consider the financial commitment involved. Midwest Cheer Elite has the finest staff and a clean and safe training facility. As a result, our fees may seem higher than many programs. However, factoring entry fees, summer activities, choreography fees, music, and other expenses that are typically charged separately at many other gyms, you may end up spending more at some other programs. Although others may advertise lower rates, Midwest's overall value per dollar is highly competitive. We have a comprehensive monthly price that covers most of the expenses throughout the year. During the 2023-2024 season, there will be 12 monthly charges beginning May 2023 through April 2024. The first month's tuition will be due on Saturday May 20th at commitment day. For the remaining months, tuition is payable no later than the 10th of each month. If not paid on the 10th there will be a \$50 late fee, no exceptions. If after 2 weeks your bill is not paid your athlete will have to sit out of practices until paid.

This monthly installment is all-inclusive of gym tuition, tumbling, choreography, music, coaches fee, (1) practice set, competition fees for Prep and Novice Teams. Tuition does not change based on the number of practices in any month. Most athletes attending evaluations will be selected for a team. If Midwest is not able to find a placement for an athlete, 100% of the registration fee will be credited back. If an athlete chooses to decline a roster spot the registration fee will not be reimbursed. Midwest Cheer Elite helps push athletes to be the best version of themselves. Athletes learn the "Midwest" way of competitive cheerleading, but they will also be given lifelong skills that will help them throughout their lives. The progress our athletes see in positive and productive surroundings can be amazing. Our coaching style is both competitive and rewarding. We will focus on positive and productive coaching.





MIDWEST CHEER ELITE

2023 - 2024 Toledo Information

EVALUATION SESSION DATES Age as of December 31, 2023



ALL-STAR TRYOUT

You will download the tryout packet online and bring with you along with your registration fee to tryouts.

Limited Travel/Tiny Novice

Ages 3-7 Years Old

Tuesday, May 16th 6:00 – 8:00 pm time frame

Ages 8 – 11 Years Old Wednesday, May 17th 6:00 – 9:00 pm time frame

Ages 12 and up Thursday, May 18th 6:00 – 9:00 pm time frame

Commitment Day Saturday May 20th 9-1:00 PM

All athletes placed on a team will need to come during above time frame. You will turn in financial paperwork, sign-up for boosters, get sized for practice wear, shoes, uniform. First installment is due at commitment day along with shoes.

FIRST PRACTICES

The week of Monday May 22nd we will start tumbling classes for teams. All-star practices will start the week of June 5th. Calendars for May/June will be handed out on commitment day.

EVALUATION/REGISTRATION FEES

Be ONE of the ELITE

Registration All Athletes \$100– due

All Athletes \$100– due prior to evaluations Payment can be made via venmo @mcetoledo or check, credit card or cash.

Pricing is all inclusive... We build everything in to make it easier as you know what to budget. Many gyms do not include things in the installment, so you have to guess what you are paying for competitions, we make it easy on everyone! ONE PRICE

TUITION – Tiny Novice and Tiny Prep

Teams			
Month	Payment		
May	\$75		
June	\$75		
July	\$150		
August	\$75		
September	\$75		
October	\$75		
November	\$150		
December	\$150		
January	\$150		
February	\$150		
March	\$75		
April	\$75		

TUITION – Mini Prep Teams

Month	Payment
Мау	\$175
June	\$175
July	\$175
August	\$160
September	\$160
October	\$160
November	\$160
December	\$160
January	\$160
February	\$160
March	\$160
April	\$160

Tiny Novice and Tiny Prep-your Monthly FEE INCLUDES

- All Team practices 1 per week
- 1 tumbling class per week
- Music Fee
- Choreography Fee
- Competition Fee (3 competitions)

Pricing is All inclusive this season so that families can prepare for each month.

Breakdown of Additional Cost - Tiny Novice and Tiny Prep

- Registration Fee \$100 Due when you turn in the completed packet for the 2023-2024 season
- Cheer Uniform \$185 Billed in 2 payments of \$92.50 each. Payments due July and August.
- Hairbow \$35 due August 10th
- Shoes Rebel \$60 billed May 20th

Optional Practice Set to purchase \$50 top and bottom due June 10th

Mini Prep- your monthly fee includes

- All Team practices 1 per week
- 1 tumbling class per week
- Music Fee
- Choreography Fee
- Competition Fee (4 competitions)

**Pricing is All inclusive this season so that families can prepare for each month.

Breakdown of Additional Cost - Mini Prep Team

- Registration Fee \$100 Due when you turn in the completed packet for the 2023-2024 season
- Practice wear One set \$50 top and bottom due June 10th
- Cheer Uniform \$400 Billed in 4 payments of \$100 each. Payments due June, July, August, and September.
- Hairbow \$35 due August 10th
- Shoes Rebel \$120 billed May 20th

MIDWEST CHEER ELITE

Be ONE of the ELITE

PRE-EVALUATION CHECK-LIST

Sign up for clinics, private lessons or attend an Open Gym ...what better way to become familiar with the gym, our staff, and the athletes, than coming out and working on those skills. We are offering private lessons before tryout evaluations.

Dress for success.... start getting your gear together because you have several days of evaluations. We want to see you in your Royal Blue, Black and White each day of evaluations, hair bow of choice, cheer shoes, white no show socks and hair either $\frac{1}{2}$ up $\frac{1}{2}$ down or high ponytail. Shorts/Briefs are a must with a sports bra or tank top. If you wear a t-shirt, we just ask you wear a sports bra underneath and if you wear regular shorts, we ask you have a Nike pro type brief under them. Keep the jewelry at home!

All ages are based on age of December 31, 2023 Evaluation Day Process

Bring you Registration Forms, Annual Registration, Waiver and Athlete information form with a wallet size photo attached (preferably a head shot). You will turn these in when you walk through the doors for evaluations. You will then be a given number that you will wear for tryouts.

You will be asked if you are interested in double teaming.... this means are you interested in being on more than one team cheer team. Please talk this over PRIOR to evaluation week. Many times, you will see an athlete do this to fly on team A and tumble on team B.... but there is extra expenses of crossover competition fees, choreography, and music. Double teaming is a great opportunity for many athletes but one that needs to be thought through.

Evaluations are closed to all spectators, so parents are asked to return at pick-up time to pick up your athlete. We need all paperwork filled out prior to arrival for tryouts along with evaluation/gym registration. You can come in to help athlete with registration and then we ask that you come back when the evaluation process is over.

Selection Process

We are looking at tumbling, jumps, whether the athlete is a base, back spot, or flyer.... flexibility...but we are also looking for leaders and athletes with drive and passion. Sitting around at tryouts, rolling your eyes, or presenting a poor attitude or inability to work within a team may result in you not being placed with a team at Midwest Cheer Elite, Toledo. Also, understand we want to see skills you are confident with doing. Coaches will not spot you on tumbling skills, as if you cannot throw the skill with confidence and technique, we cannot count that towards your evaluations. Do what you know you can do well. The rule at our gym is: *TECHNIQUE IS KING!* We are also looking at the new scoring grid as well when it comes to placement to make sure teams are competitive.

Results

Team results will be revealed on Friday evening.... We will send out an email to each parent's email with the team their athlete has made.

Please keep in mind; you are trying out to be a member of Midwest Cheer Elite Toledo.... not a particular team. Athletes do move up or down within teams and skill levels throughout the season based off their performance, this is not uncommon. If you are only trying out to be a member of team "so and so" then you may want to reconsider the evaluation process.

Placement on teams is not up for discussion or debate, especially not at the team reveal. If you would like to know what your athlete needs to do to progress to a higher-level team at some point in the season, we will be happy to speak with you.... But we will not discuss other athletes or why your athlete did not make "such and such" team and others did.

Just because you were on a specific team last year or at a different gym does not mean you will make the same team at our location. We will make our teams to be the most competitive that we can be. We are making most of our decisions based off wanting to be the best teams we can be and be competitive.

Commitment Day May 20th, 2023 9:00 - 1:00

You can come anytime during those times

Commitment Day is where so many exciting things happen, and you finalize your decision to become part of our family for the 2023-2024 season. We will be doing uniform sizing, practice clothing sizing, signing up for boosters, and it's during this time you will turn in your Financial agreement form as well as Termination Agreement and the "I Understand" form.

You will also be making your 1st installment this day and paying for practice wear if you need to order. We will be accepting Business Venmo, Credit Card authorization forms that we will run, check or cash. All families are required to keep a current credit card on file. As long as your invoice is paid by the 10th of each month, the credit card will not be run. Should your credit card information change at any point in the season, you will need to fill out a new financial form.

Failure to show up to commitment day will result in your forfeiting your spot on the 2023-2024 all-star cheer teams and that spot will be filled by the next name. If you absolutely are unable to make commitment day but would like to accept your spot, please email the gym at mcetoledo@aol.com prior to commitment day to notify us.





Your monthly installments include :

- All team practices including any additional practices that are scheduled (June thru April)
- One spot in a weekly tumbling class
- Unlimited Summer tumbling (June thru August)
- Choreography Fee's and Music
- Coaches' fee for regular season (does not include end of the year event Coaches Fees)

Your monthly fees will be charged to your account the 10th of the month. Statements will be given out by the 1st of each month. Fees are due on or before the 10th of month. On the 11th, any outstanding balances will be charged to your credit card that you provided in your packet. You can pay in person on or before the 10th of each month. If you have questions regarding your account, please do not hesitate to call the front office. Accounts not paid in full will be charged a \$50 late fee and the athlete will be unable to participate in practices, tumbling classes or competitions until the account is current. There will be no refunds made to anyone who is asked to leave the program or who quits a team. If there is a financial problem, please contact the office immediately. Your coach will not be able to advise you on these matters. We will be strongly enforcing late fees no matter the excuses.

IMPORTANT DATES:

Commitment Day - May 20th 9:00 am - 1:00 pm Independence Day -Gym Closed July 1st - July 4th Choreography - July 22nd - July 29th (Mandatory) Halloween - Gym Closed October 31st Thanksgiving - Gym Closed November 22nd - November 26th Christmas Break - Gym Closed December 21st- January 2nd (Practices resume January 3rd)

Competition Dates: Competitions are typically held during the weekends, beginning in December and ending in May for some teams. Competitions will require some out-of-town travel and could result in having to miss school.

Midwest Cheer Elite Toledo 2023-2024 Evaluation Form *Must be turned in 1st day of evaluation*

Athletes Name_

Age as of December 31, 2023____

Birthday

Grade 2023-2024_____

Are you interested in "double teaming" for cheer...meaning you are interested in being on more than one CHEER TEAM **Athletes crossing over to two teams would be responsible for additional competition fees in the amount of approx. \$400 which are true fee's and crossover fees. This will be spread out throughout the billing cycle. Also, there is a one-time choreography fee of \$100 for the 2nd team as well.

____Yes, I would be interested in double teaming and understand the extra financial responsibility.

_No, I would not be interested in double teaming at this time.

Midwest Cheer Elite, Toledo

12265 Williams Road Perrysburg, Ohio 43551 (419) 872-6238

Member Information

Guardian Information				
Mother's Name				
First	Last			
	Last			
Father's Name				
First	Last			GRA
Billing Address		つお		
Address	Cit	y	State	10,00
Zip Code				A
Phone Number				
tudent Information			1	
First				
Last		Birthday	_//	-
School				
Cell Number		_		
Cell Number <u></u> Insurance Information		_		
		Policy#		

Midwest Cheer Elite, Toledo, Perrysburg, Ohio WAIVER OF LIABILITY, RELEASE, INDEMNITY, AND ASSUMPTION OF RISK AGREEMENT

Name of Participant/Child:

In consideration of the services of Midwest Cheer Elite, Toledo, Perrysburg, Ohio and its owners, members, agents, officers, subcontractors, employees, and all MCE"), I hereby agree, on behalf of myself, my child, my spouse, my child's other parent(s) or guardian(s), my parents, my family members, my agents, heirs, assigns, personal representative, and estate (collectively, the "releasing parties"), as follows:

I understand and acknowledge that the activities that I, my child, or any of the releasing parties engage in or observe while on MCE's premises, or while under the auspices, supervision, or control of MCE, or while traveling to or from such activities, pose known and unknown risks which could result in injury, pain, suffering, paralysis, death, emotional distress, loss of companionship, and/or damage to me, to my child, to property, to the releasing parties, and/or to third parties. The following describes some, but not all of those risks, and I understand and acknowledge that there are other risks, both foreseeable and not foreseeable, that are not included among the following which any of the releasing parties may suffer: Cheerleading, dance, and gymnastics, including performances of stunts and use of trampolines and other equipment, is dangerous and entails certain risks inherent in the activities that simply cannot be eliminated without jeopardizing the essential qualities of the activity. Without a certain degree of risk, participants would not improve their skills, and their enjoyment of the activity would be diminished. Cheerleading, dance, and gymnastics expose participants to the usual risk of cuts and bruises, and other more serious risks as well. Participants often fall or come in contact with other participants or with equipment or objects, can sprain or break wrist and ankles, can incur injuries caused by others, and can suffer more serious injuries, including paralysis and death. Traveling to and from practice, rehearsals, shows, meets, competitions, and exhibitions raises the possibilities of any manner of transportation accidents.

I expressly agree to accept and assume all of the risks, known and unknown, foreseeable, and not foreseeable, related to, arising out of, or in any way connected with MCE-related activities, including but not limited to performance of stunts and use of trampolines and equipment, and the negligent acts or omissions of MCE or others, also including COVID-19. My participation and that of my child is purely voluntary. No one has force or coerced me or my child to participate. I elect for myself and my child to participate in such activities despite the risks.

On behalf of myself, my child, and the releasing parties, I hereby voluntarily release, forever discharge, and agree to defend, hold harmless, and indemnify MCE from any and all liability, claims, demands, costs, damages, actions, or rights of actions asserted by any of the releasing parties, which are related to, arise out of, or are in any way connected with my or my child's participation in MCE – related activities ("Costs").

Should MCE incur attorney's fees or costs related to or arising from my obligations under this agreement, I agree to indemnify and reimburse MCE for such attorney's fees and costs.

I represent and warrant to MCE that adequate health, accident, and liability insurance is in force and will be maintained to cover any costs, and if such costs are not paid in full, then MCE shall not have, and I hereby release MCE from, any obligation to pay or reimburse any such costs, and I agree to pay the costs.

I agree that the substantive and procedural laws of the State of Ohio shall apply to this agreement and in any action arising from this agreement without regard to the conflict of laws and rules of the State of Ohio, that the state courts of Ohio shall have exclusive jurisdiction of any action, and that such action shall be brought only in the county in which MCE is located.

I acknowledge and agree that if anyone is hurt or property is damaged during my participation or the participation of any of my child, I may be found by a court of law to have waived my right to maintain a lawsuit against MCE on the basis of any claim from which I have released MCE by signing this Agreement, and such lawsuit shall be dismissed.

I acknowledge and agree that this agreement is intended to be as broad and inclusive as is permitted by the laws of the State of Ohio, and that if any provision of this agreement is found to be void or unenforceable, such provision shall be modified, if possible, only to the extent necessary to render it enforceable, and the remainder of this agreement shall remain in full force and effect.

(Signature page follows)

I HAVE CAREFULLY READ THIS AGREEMENT AND UNDERSTAND ITS CONTENTS. I AM AWARE THIS IS AN ASSUMPTION OF RISK, A RELEASE, A WAIVER OF LIABILITY, AND AN INDEMNITY, AND I SIGN IT VOLUNTARILY. I UNDERSTAND THAT I GIVE UP SUBSTANTIAL LEGAL RIGHTS BY SIGNING IT, I AM AWARE OF ITS LEGAL CONSEQUENCES, AND I SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT, ASSURANCE, OR GUARANTEE BEING MADE TO ME. I INTEND MY SIGNATURE TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.

I have had enough opportunity to read this entire document. I have read it and understand it. I agree to be bound by its terms.

Signature of Participant_

Print Name:

Date:

PARENT'S OR GUARDIAN'S SIGNATURE:

(Must be signed by **All parent's and /or guardians** for participants under the age of 18.) In consideration of the above Participant, who is a minor, being permitted by MCE to participate in MCE activities and to use MCE equipment and facilities, I acknowledge that I understand the risks as stated above and knowingly agree to all the foregoing terms of this agreement for myself and on behalf of the minor. I have had enough opportunity to read this entire document. I have read it and understand it; I agree to be bound by its terms.

SIGNATURE OF PARENT/GUARDIAN: _

Print Name:		Date:	4
SIGNATURE OF PAR	ENT/GUARDIA	AN:	+
Print Name:		Date:	
ACCEPTED: Midwest Cheer Elite,	Toledo an Ohio	Corporation:	
Ву:	Date:		_

FAQS

Does Everyone Make a team?

Yes! We have inclusive range of teams for all ages and levels.

What should my child wear on commitment day?

A sports bra/tank and compression shorts for the ease of uniform measuring and a special photo op!

Does my child have to attend evaluations?

Every athlete interested in Novice, Prep, or Elite teams must attend evaluations.

Is there an attendance policy?

Yes. An athlete is allowed to miss 3x total per season. Mandatory Attendance policy goes into effect August 31st. All summer vacations must be turned in two weeks in advance. After 3 unexcused practices each missed practice, you will be fined \$25. Are there fundraising opportunities?

Yes! We have a booster club that offers fundraisers throughout the year. Please join MCE Toledo Boosters on Facebook.

Are all competitions required?

Yes. When an athlete misses the entire team is affected.



Instagram: Mcetoledo Facebook:Midwestcheerlitetoledo Website: www.mcetoledo.com